



CORNWALL

Painting Workshop & Coastal Creative Journey

St Ives • St Mawes • Port Isaac • Mousehole • Kynance Cove • Porthleven •
Mevagissey

A week of painting, discovery & coastal inspiration
Join Tuscany in the Frame for a wonderful painting journey through Cornwall, based at the beautiful Tregenna Castle Hotel just above St Ives. Expect quaint fishing villages, colourful boats, historic harbours, dramatic rocky coastlines, gardens and beautiful seaside views — all offering a rich variety of subjects to paint.

Our base: Tregenna Castle Hotel, beautifully situated just above St Ives, giving us a comfortable home base from which to explore Cornwall's coastline and villages.

SAMPLE ITINERARY

The programme below is a full and varied itinerary. It can be adjusted to create a slower pace, including a day painting in the beautiful gardens of the hotel.

DAY 1 — ARRIVAL IN CORNWALL

Fly into Newquay Airport, a small and easy-to-navigate airport. Travel to our hotel, settle in and take some time to relax. We will meet for dinner at approximately 7:00 pm, beginning our week together in a relaxed and welcoming atmosphere.

DAY 2 — PAINTING AROUND ST IVES

Our first full day begins around beautiful St Ives. We will explore the beach, town and rocky coastal views, finding a variety of subjects and viewpoints for painting. The day provides a gentle introduction to Cornwall and an opportunity to settle into the rhythm of the workshop.

DAY 3 — ST MAWES OR PORT ISAAC

St Mawes: a small coastal tourist town with waterfront bars and restaurants. A charming holiday resort with a relaxed atmosphere and without the mass of tourism found in larger destinations.

Alternative — Port Isaac: a stunning Cornish coastal village famous as the filming location for the television series Doc Martin. Its harbour, cottages and dramatic setting make it an exceptional painting location.

DAY 4 — LAND'S END & MOUSEHOLE

Visit dramatic Land's End, followed by painting in Mousehole, a small but characterful fishing village full of varied subjects. The harbour, boats, cottages and coastal atmosphere provide plenty of opportunities to capture the character of Cornwall.

DAY 5 — KYNANCE COVE & PORTHLEVEN

Morning: Kynance Cove — a spectacular location for painting dramatic rocky coastal subjects.

Midday: continue to Porthleven, another atmospheric harbour village offering boats, water, architecture and coastal views. A wonderful day of contrasting Cornish landscapes.

DAY 6 — FREE DAY IN ST IVES

A free day to enjoy St Ives at your own pace. Visit the Tate Gallery, approximately a 15-minute walk from the seafront, wander through the town, enjoy the beach or simply relax. Dinner is on your own and is not included.

DAY 7 — TREBAH GARDENS & THE BEACH

Explore the beautiful Trebah Gardens. We can paint within the extensive gardens or venture down through the grounds towards the sea and paint on the beach. A lovely opportunity to work with lush planting, pathways, water and coastal scenery.

DAY 8 — PORT ISAAC

Return to Port Isaac, 'Doc Martin country', if it was not selected on Day 3 — or enjoy another visit to this exceptional location. The village's harbour, traditional cottages and coastal setting provide an abundance of characterful subjects.

DAY 9 — MEVAGISSEY

Visit Mevagissey, a beautiful fishing village with multiple coloured fishing boats. Slightly larger than some of Cornwall's other villages, it retains the charm and atmosphere of a traditional seaside community and makes a wonderful final painting location.

A SLOWER-PACED OPTION

The itinerary above is intentionally full and gives us the opportunity to experience a wide variety of Cornwall's coastal landscapes. For guests who prefer a more relaxed pace, one of the excursion days can instead be spent painting in the beautiful gardens and grounds of Tregenna Castle Hotel.

ACCOMMODATION & DINING

Accommodation: Tregenna Castle Hotel, just above St Ives.

Workshop duration: 7 nights / 9-day sample programme.

Price: approximately £2,795 per person sharing a room.

Single room supplement: £300.

Dinners: Included throughout the workshop, except on the free day (Day 6).

A WARM WELCOME FROM TUSCANY IN THE FRAME

Our aim is to make the workshop as enjoyable as the painting itself. Cornwall offers an extraordinary variety of subjects — from colourful fishing boats and quiet harbours to rugged cliffs, beaches, gardens and picturesque villages. We will take time to explore, paint and enjoy the atmosphere of each place, while keeping the experience friendly, relaxed and inspiring.

RAFFAELE NOBILE

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We look forward to welcoming you to Cornwall.