

Lake Como Pilates Itinerary

Dinners out at local restaurant & up in the hills of Bellagio every evening . (Free day Dinner not included)

Saturday: May 23 arrival Milan Malpensa airport. Transfer to Hotel Centrale in Bellagio. Dinner at local restaurants.

Sunday: May 24 morning coffee& Pilates with Manni. Breakfast followed by a day exploring Bellagio , its bars, shops, gardens of “Villa Melzi” waterfront. This is where you enjoy “La Dolce Vita”

Monday: 25 May Boat trip to Varenna & it's stunning Villa Monastero Gardens. Enjoy the small harbour & for those who are feeling fit, a hike up the fortress . Enjoy a swim in the crystal clear refreshing water.

Tuesday: 26 May. Trip to the famous “isola Comancino” to visit the Gardens of Villa Balbianello. Many films have been made there & its obvious why

Wednesday: 27 May FREE DAY: firstly coffee Pilates & breakfast. We suggest a day trip to slake Lugano & Lugano town in Switzerland. Easy to reach & a beautiful place to explore. Also Como town : try the Funicular to get amazing views of Como town .

Thursday: 28 May Morning Coffee/ Pilates with Manni . Then a 10km hike (time & weather permitting)“ Greenway del Lago di Como” Followed by a cooking class

Friday: 29 May Boat trip Morning Pilates Boat trip to Villa Carlotta & it's stunning Gardens. If time permits, a visit to Lenno & the small village of “Giulino di Mezzagra” where Benito Mussolini was captured & shot .

Saturday: 30 May Depart for Milan Malpensa or stay on a few more days in Milan to visit Milan Central.